



Seaford striders juniors
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SEAFORD STRIDERS JUNIORS

WE DON'T JUST RUN, WE ALSO HAVE FUN!

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SEAFORD STRIDERS JUNIORS - April 2015

Meeting Time: 5.55pm for 6.00pm start Pickup: 6.45 pm

Meeting Point

March/April

Volunteers



The Salts Car Park, Richmond Road –
until further notice

Always welcome

SUSSEX PRIMARY SCHOOLS' CROSS COUNTRY FINAL



Having finished in the top 15 at the recent Sussex Primary Schools' South Downs Area Cross Country event Madeline Quinn qualified for the Cross Country Finals. These were held on Saturday 7th March at Windlesham House School, Washington in West Sussex.

Maddie ran extremely well in this event as part of the girls' team, representing the South Downs Area Schools, and overall the team received the silver medal, which was an improvement on last year when they achieved bronze.



Well done Maddie - fantastic result!



BLACKSTOCK FARM, HELLINGLY

The "Mighty Quinn's" (pictured left) competed in final event of the East Sussex Cross Country League, which was held at Blackstock Farm in Hellingly on Sunday, 8th March. Although amongst the youngest competitors in the race they all turned in excellent performances with 4th Harry (5:22) 5th Maddie (5:33) and 10th George (6:03).

Not content with their performances in their own race they then proceeded to cheer on Peter Weeks in his race. During his three lap race Peter lost count of the number of times they popped up in front of him as they were able to short-cut the course and to add insult to humiliation Harry out sprinted Pete up the final hill – well done Harry!

Please note you can't see Harry in the photo below left because he is already in front of Peter but George and Maddie are clapping the runners and cheering them on. Photo below right – The Quinn family show off their well-deserved medals!



FUTURE RACES

LEWES EASTER MONDAY FUN-RUN - 6th April 2015

Start Time: 10.30am. The 10K Fun Run, plus the 1-mile and 2-mile events and the 800m Toddler's Trot take place on Easter Monday. The Toddler's Trot is two laps around the track. The 1-mile juniors' race starts on the track, takes a half-mile detour out through the Priory School grounds and Ham Lane, and finishes back on the track. The 2-mile event starts from the running track, leaves the track area, and then finishes back at the running track. Those aged 15 and over can enter the 10k race. To enter on-line follow the link: <http://www.lewesac.co.uk/easterfunrun>

BRIGHTON MINI-RACES - 11th April 2015



Sadly if you haven't already entered for this event then it is too late.

DON'T FORGET: Please send any running related items – with your school or club to me for printing in this newsletter.
Email: hilary@hilton-it.co.uk

