



Seaford striders juniors
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SEAFORD STRIDERS JUNIORS

WE DON'T JUST RUN, WE ALSO HAVE FUN!

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Facebook: <https://en-gb.facebook.com/pages/Seaford-Striders/184950041545372>

Website: <http://www.seafordstriders.org.uk/> **Twitter:** <https://twitter.com/seafordstriders> **May 2015**

SEAFORD STRIDERS JUNIORS - May 2015

Meeting Time: 5.55pm for 6.00pm start Pickup: 6.45 pm

Meeting Point

29 th April	The Barn
6 th , 13 th May	The Barn
20 th , 27 th May	Bishopstone Village Church
3 rd June	Bishopstone Village Church

The reason for meeting at Bishopstone is because the Seaford Half Marathon on Sunday 7th June and for the past 5-6 years the Juniors, have 'manned' the water station, which is based very near to the church.

Any Juniors or Mums and Dads who would like to help on Sunday 7th June will be most welcome. Please meet at 8.30am at Bishopstone Church. Your 'services' will ONLY be required until 9.30am. **Please note** this is only 1 hour!

10 th , 17 th , 24 th June	Tidemills Car Park on Main Road
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Volunteers Always welcome

For further information on the above please contact Rob: 01323 897518

LEWES, EASTER MONDAY FUN RUNS

Not to be outdone by their senior counterparts, six junior members of the Seaford Striders participated in the Lewes Easter Monday Fun Runs. The races were mainly confined to the Lewes track and the school grounds.

George and Harry Quinn (photo right with sister Maddie) competed in the 1 mile race and finished in 30th and 31st place out of 100 competitors in times of 5.58 and 6.01 respectively.



The 2 mile race was entered by James Cairns who was the first Strider over the line in a time of 14:10. (Photo left with Oskar Moreton courtesy of Tony Humphreys)

James was closely followed by Joe Plant (photo far left) 14:53 and Oskar Moreton 15:01. Maddie Quinn completed the junior line-up in a time of 17:40.

FUTURE RACES

HAYWARDS HEATH JUNIOR RACES - 3rd May 2015

Start Time: 10.45am. Junior races will be held in Victoria Park, Haywards Heath soon after the runners participating in the 10 mile race have started. The cost is £3. <http://www.midsussexmarathonweekend.co.uk/race2.php>

HORSHAM JUNIOR-RACES - 17th May 2015

Start Time: 10.15am Junior races will be held at the Horsham Rugby Club prior to the 10K race. <http://horshamjoggers.co.uk/category/events/horsham-10k/>

HOVE PARK JUNIOR-RACES - Sunday, 14th June

Various junior races will be held on the traffic free paths in Hove Park, Old Shoreham Road, Hove. They commence at 10am with the last race scheduled to commence at 12 noon. **Please note that there are no entries on the day and the closing date is Monday, 9th June.**

For further information: <http://sussexraces.tripod.com/EntryForms2015/2015HoveParkRaces.pdf>

DON'T FORGET: Please send any running related items – with your school or club to me for printing in this newsletter.
Email: hilary@hilton-it.co.uk