

Seaford Striders Awards

Evening 2020

What a fantastic evening we had at our Awards Event! It was a new venue this year and we have received lots of positive comments about the venue and the food.

For those of you not able to attend we have summarised the comments given by Chairman Rob and Club Secretary Victoria and listed all the winners below. Massive congratulations to all the winners and thank you to everyone involved in the organisation, particularly Anneka and Kristy. Many thanks also to Fawzia who took our photos at the event.

Steve Rowland Cup



Awarded to the person who has given a lot of time and effort to the club throughout the year.

Nick Farley

Club Captains Award

The Club Captains Nick and Becky choose these awards. This year the awards go to two people who are regularly out competing at events, proudly representing Striders.

Chris Wilmot – (apologies, photo failed)

Anneka Redley Cook



Bill Young Memorial Award

Awarded to 1 man and 1 woman who have always been out there running for the club but never wins. A continuous mid-field runner but they have also been improving on both pace and distance.

Graham (Bolly) Little



Debbie Priest

Marathon Award

Two people who can only be described as marvelous, they have both run a number of marathons representing Striders.

Damian Partridge



Amanda Feast

Half Marathon Award

This lady serves as an inspiration to be admired and is a credit to our club. Completing her first half marathon last year at Blenheim Palace.



Sandra Standen

10K Award

This lady loves a 10k, consistently improving her times and is a credit to our club

Lauren Morgan



The Tom Roper 5K Award

This is a joint award that goes to a couple who did amazingly well in the last couch to 5K course and continued their running with Seaford Striders. They continue to regularly take part in parkruns and regularly encourage other Striders in these Striders in these events.

Tony & Caroline Swinden



Seaford Striders 5K Challenge



Jeff Young

Louisa Scola



Sussex Grand Prix Awards

Awarded to the Seaford Striders who have completed a minimum of 6 SGP events. Awards will be sent from SGP directly.

Victoria Maleski Lauren Morgan Louisa Scola Becky Souissi
Graham Jones Adam Haverly Graham (Bolly) Little
Chris Wilmot Jeff Young

SGP Ron Grover Award

Awarded to participants of the SGP who have completed 12 or more events, and in which Chris Wilmot won an impressive 3rd place. An award will be sent out directly from the SGP.

Also, in her age category, Emilie Tearle came a brilliant 2nd place. An award will be sent out directly from the SGP.

In the overall SGP scores, Nick Farley won joint 14th place and Jeff Young finished 20th place.

For the ladies Louisa Scola won 19th place.

The club scores brought the Seaford Striders in at an amazing 9th place.

Seaford Striders Club Grand Prix

Top Man- Nick Farley

Top Lady- Anneka Redley Cook

Achiever Award

Awarded by the committee after discussion. Awarded to the person or persons who has made one special achievement, improved or achieved the most over the course of the last year.

I had the pleasure of running with this lady through tough times with the couch to 5K and she has turned into an amazing runner appearing regularly at our club.

Gill Morgan



Photo of the Year Award

*This person has provided the club with much laughter with their stunning poses and incredible portraits. – **Anneka Redley Cook** (apologies no photo – she moved!)*

Newcomer Award

This award goes to someone who has represented Striders at events across the country, achieving some fantastic results.

Tom Knight



Dragonfly Award

Awarded to a person or persons who have supported the club by marshalling, and being present at Striders runs.

This year the award is being presented to someone who continually supports our club in the background. This person tends to our website, manages our membership system, takes our photos. And I've spelt his name right on his award this year.

Tony Humphreys



Club Honour Award

First award goes to a gentleman who joined our club, as a runner in the autumn of 2009, became treasurer in 2015 as well as taking on the responsibility of the Sussex Grand Prix and the Club Grand Prix. This gentleman also helps out with the mince pie 10 and has participated in the old style Sussex Grand Prix. We as a club owe him our gratitude for his service and continued support.

Chris LeBeau



The second award goes to another gentleman who has consistently organised our mince pie run over several years and has decided to stand down. As a club we are lucky to have him as a runner and we thank him for his service and continued support.

Terry Ward

Striders Strider

This is a member's vote. An award given to the person voted the "BEST" Strider. Someone who is friendly, who supports other members of the club and promotes the good name of the club. This could be a runner or non-runner, someone who helps others with their running, attends runs to cheer runners home, or is just generally a good Strider.

Two clear and well deserved winners from 18 people nominated.



Victoria Maleshi and Nick Farley



*Post event comment: We apologise that the Jo Jo Gunne Award was missing from the list. This is awarded to any Strider who has completed three event over the May or August bank holidays. This year it should have been awarded to: **Tom Roper, Amanda Feast and Josh Nisbett.***

*The two brilliant organisers of this year's event: **Kirsty and Anneka***

Mince Pie Presentation

The presentation of the cheque by Terry Ward to the Sussex Cancer Trust for £2,500, money raised by the Mince Pie 10K race in December 2019.

