



Seaford Striders Running Club
Committee Meeting

TUESDAY, 15th January 2019

Present: Rob Plant (RP), Victoria Maleski (VM), Hilary Humphreys (HH), Tony Humphreys (TH), Chris le Beau (CLB), Simon Nixon (SN), Matt Franks (MF), Becky Souissi (BS), Emily Eaton (EE), Nick Farley (NF), Anneka Redley (AR) Katherine Elton (KE), Terry Ward (TW) plus guest Andy Farley (AF)

1. Welcome

RP welcomed everyone present.

2. Apologies for absence

Kristy Sherry (KS), Martin Bulger (MB), Josh Rudd (JR)

3. Vote to adopt the minutes of the last meeting 30th October 2018

These minutes had been circulated previously. CLB had asked for three amendments to be made, these will be done by VM and recirculated. The proposal to formally accept them as amended was made by HH seconded by TH and agreed by all. ACTION VM

4. Matters Arising

It was noted that the London Marathon place was won by Debbie Plant, first reserve is Andy Farley and second reserve is Phil Robinson.

5. Report Opportunities

Chairman – Rob Plant

Timing for the Awards Evening – arrive 7pm, food served 7.30pm, awards presented 8.30pm followed by disco. All attending will have their ticket number put into a draw for three prizes (value up to £25 each). VM will email all members confirming the timing, reminding people to bring their tickets and asking about epilepsy (this is as requested by the DJ). ACTION VM

The AGM date needs to change and the new date will be 20/02/19. RP will arrange for Dinos to be made available in case numbers of attendees warrant it. ACTION RP

It was noted that there were only 57 votes for the Striders Strider and this is only marginally increased from last year even though there are considerably more Striders. There were 17 different people nominated. The Committee discussed various ways of encouraging more Striders to vote but it was agreed that this should be raised at the AGM rather than changed by the Committee. ACTION VM

Kit buying process – this is becoming a very large task for one individual and RP queried whether Striders should adopt an online kit ordering process through a specialist company. HH reminded the Committee that there are benefits to Striders using a local company and we receive sponsorship from Intersport for Mince Pie 10 as well as reduced kit pricing. RP will discuss separately with Michelle Varndell and HH. It was agreed we should include the ongoing provision of the free shirt to new members at the AGM. ACTION RP/VM

In order to get the new kit colour registered a photo of the shirt needs to be submitted to EA for approval. RP will arrange to get a suitable photo to TH who will submit it to EA. ACTION RP/TH

Treasurer – Chris le Beau

CLB summarised the 2018 year end financial position. The Club is in a very good position taking forwards a balance of £10,501.50, this is in spite of paying two lots of charitable donations in the same financial year. Subscriptions were up considerably. Mince Pie was up but expenditure was up as well, several items were one off eg hi-vis jackets. Kit sales were about double the total for the previous year.

Space hire costs will increase for the astro turf area for the juniors, we are already committed for the first quarter but need to make a decision on the extra £450 for the year. It was unanimously agreed we should continue.

Secretary – Victoria Maleski

VM had previously circulated an email from EA about local training opportunities. VM was booked on Leadership in Running Fitness in Eastbourne on 30/06/19 and asked whether there was anyone else who would benefit from attending. There is also a course on 01/04/19 suitable for those with welfare responsibilities. RP will attend but it was thought there should be a welfare officer for the juniors. RP will discuss with SN. ACTION RP/SN

Debbie Plant had asked whether changes could be made to the format and content of the newsletter as it was becoming very time consuming to produce. It was agreed that the newsletter would provide links to the website for detailed information on sponsors, purchasing kit and the events listing. The events listing was very helpful for members in planning their running, but it could be produced by someone other than the newsletter editor and then passed to TH for putting on the website. Debbie had also asked whether there was a specialist package to help with producing the newsletter. KE agreed to discuss this with Debbie. There was also discussion about reinstating the junior newsletter, SN will consider this with his team. VM will feedback to Debbie. ACTION KE/VM/SN

Website/MemberMojo Co-ordinator – Tony Humphreys

TH confirmed the website was running well and MemberMojo was working without issues. The Club has been offered additional Seaford Strider domain names, but the Committee did not see a benefit in taking these on so TH was instructed to decline. It was noted that the Club now had a total of 262 members (including juniors). ACTION TH

Men's Captain/Vice-Captain

Nothing to report other than the men's team came third overall at Crowborough. The medals will be presented at the Awards Evening.

Women's Captain – Emily Eaton

Nothing specific to report regarding running, but EE reminded us about the upcoming training events. Facebook events have now been set up for these.

Mince Pie Race – Terry Ward

TW reported the event had been a great success with about 500 competitors on the day. The adjudicator had given us a clean bill of health. The date is provisionally booked, this is conditional on the Crowborough date. NF will take over from TW in 2020 and he will shadow the Race Director role this year. The Mince Pie team was encouraged to increase the entry cost for 2019, but still keep it under £20. It was agreed to give free entry this year to the competitors who helped the injured lady. ACTION Mince Pie Sub-Committee

Junior Leader – Simon Nixon

SN reported that the junior section continues to grow. It is recommended that the juniors have their own sub-committee to properly review the junior section on an ongoing basis.

Social Secretary – Anneka Redley

The Awards Evening had already been discussed earlier in the meeting. AR didn't have anything further to add

Press Officer – Katherine Elton

KE said there had been lots of coverage for Mince Pie. From now on the link given at the end of reports would include the Club Facebook page.

Social Media Rep

The Facebook updates were proving very popular and were getting superb coverage. Twitter is being used more too. Instagram needs more input and AR said she would work on this.

C25K / Track Night – Hilary Humphreys

HH reported that the next C25K would probably be best starting after Easter. It was agreed that it would commence on Tuesday 30th April 2019 at 7pm at the Salts. HH will be talking to the Doctors surgery about advertising. VM will also publicise it with her Health Walk group. KE asked for a nomination for someone to be the case study from C25K in 2018 – Graham Little was proposed. ACTION HH/VM/KE

HH will arrange for the Track Night dates on the website to be updated for 2019. ACTION HH

Sussex Grand Prix Rep – Matt Franks

MF asked RP to return the trophy which had been awarded to Dave Dunstall. The Sussex Grand Prix race listing for 2019 was likely to be broadly similar to 2018 with the addition of a 5k (probably Bexhill) and Rye. ACTION RP

Club Grand Prix Rep – Chris le Beau

CLB had circulated a proposed list of races. This was agreed subject to the deletion of Peacehaven parkrun on 16 February and moving Hove Prom parkrun to 23 February. The

Committee agreed CLB's suggestion of including some age graded scoring for the parkrun events. It was also agreed we should revert to awarding points to the top 20. ACTION CLB

Website Co-Ordinator/EA – Tony Humphreys

TH reported that following a meeting with VM a number of changes had been made, particularly with regard to historic information. He suggested there was no longer the need for the online calendar as it was not updated.

Regarding EA it was agreed this should continue to be promoted to all senior members.
ACTION ALL

6. Any Other Business

HH reminded the Committee that the Club had offered sponsorship to Seaford Beach parkrun. After discussion it was agreed to offer £600 as a one-off contribution to a permanent store at the sailing club.

TH reported the Seaford Rotary Club will be organising the Seaford Martello Half Marathon on 30/06/19. It was going to be put on with the assistance of Nice Work, so more entrants were expected.

TW has a number of old Club cups and medals. SN will check to see if they are of use to the juniors but once that has been done TW is free to dispose of them as he sees fit.

AF asked if it were possible to have prior notice of the type of run to expect from each group on Club nights eg hills, speed etc. After discussion it was agreed this might be difficult to achieve in advance because of the impact of the weather but it could be included in the pre-run briefing. It was agreed we should look at having designated run leaders.

7. Date of Next Meeting – Tuesday 26th February 2019 commencing at 7.30pm

RP to book the White Lion Breakfast Room