



Seaford Striders Running Club
Committee Meeting

THURSDAY 11th JULY 2019

Present: Rob Plant (RP), Victoria Maleski (VM), Hilary Humphreys (HH), Tony Humphreys (TH), Nick Farley (NF), Simon Nixon (SN), Anneka Redley (AR)

1. Welcome
RP welcomed everyone present.
2. Apologies for absence
Chris Le Beau (CLB), Terry Ward (TW), Becky Souissi (BS), Matt Franks (MF)
Please remember to email secretary@seafordstriders.org.uk if you are unable to attend the next meeting and provide your updates for the meeting.
3. Vote to adopt the minutes of the last meeting 26th February and the notes from the meeting on 23rd April 2019
These minutes had been circulated previously. The proposal to formally accept them was agreed by all present. It was noted there were not enough people present on 23rd April for this to be a formal meeting (at least six are required) so this meeting was recorded as notes rather than minutes.
4. Matters Arising
There were none.
5. Report Opportunities

Chairman – Rob Plant

RP raised the issue of number swapping which is still happening. This could be a significant embarrassment for Striders, particularly when it happens at Sussex Grand Prix events. It is noted that there is not likely to be intent to cheat but in practice it could be seen as cheating. There have been two instances where the person receiving the number has been very much faster than the person donating the number and a much better winning position resulted. After discussion it was agreed that RP would ask MF to contact Sussex Grand Prix to get the incorrect points removed. In future any number swappers at SGP will also get their points removed.

Treasurer – Chris le Beau

CLB had provided a report in his absence. There are 110 expired members and 91 new members. Income (net of EA fees) is up by £534 at the end of June, but as we are waiting for an Intersport invoice of about £500 we are effectively on a par with June 2018. Income includes £250 from the Lions which did not feature in 2018.

Kit sales 2019 are up £400 on 2018 and purchases are down by £150 resulting from the selling off of stock and moving to direct supply from Intersport. Many thanks to HH for moving all the stock.

The current bank balance remains at around £10K with the next major expenditure relating to Mince Pie 10 mile. HH confirmed that approx £663 will be requested from Seaford Beach parkrun for the storage unit. It was agreed to consult the members on possible uses for the £10K balance. This could be done in a membership questionnaire and/or raised at the AGM.

HH has been discussing with Lorraine Quigley the possibility of her taking over the role of Treasurer when CLB steps down.

Secretary – Victoria Maleski

VM thanked the Committee for allowing her to go on the Leadership in Running Fitness EA training course. She had also done the required safeguarding course for which there is an additional cost of £10. RP confirmed that she should recover this additional cost from the Club via CLB.

VM reminded the Committee that we needed to have a Club Welfare Officer to comply with EA regulations. RP will action his EA membership so he can take on this role. VM will provide RP with details on the course he will need to attend. ACTION RP/VM

VM will progress the expired members and existing member questionnaires.

Men's Captain/Vice-Captain

NF wants to email senior male members to encourage them to take part in events and thought that BS might also want to email all senior female members. TH will arrange for these mailing lists to be created. ACTION TH/NF/BS

NF reminded the Committee of our commitment for our members to man the water station for the Beachy Head Marathon on 26th October 2019. There are a lot more Striders taking part in the marathon this year so it may be more difficult to get water station volunteers. VM will arrange for this to go in the newsletter. We also need to make sure we have early notice of the date for the Jog Shop 20 which takes place in March. ACTION VM

NF asked whether Striders would like to take part in the South Downs relay next year. It is apparently invitation only but he felt sure we would be able to put forward a team. VM will approach the event to see whether Striders can take part. ACTION VM

Women's Captain – Becky Souissi

No update received.

Mince Pie Race

TW had provided an update in his absence. Entry fees will be £18 affiliated and £20 unaffiliated with entries live from the end of June. Kevin Battell is the adjudicator again (same as in previous years). Everything else is being progressed in accordance with the timetable.

HH confirmed David Jordan will sponsor again, he also runs and gets number 1 for the event. Intersport will attend and will provide spot prizes. An inflatable start/finish arch will cost circa £150. The chosen charity is the Sussex Cancer Fund. We will be inviting Seaford Bonfire Society to provide some marshals.

NF will meet with TW to catch up on Mince Pie 10 responsibilities. Medal design is being finalised. It was agreed that the Striders Mince Pie 10 event will be run on 12th January 2020 – VM will source some Striders Blue tutus for participants. ACTION VM

Junior Leader – Simon Nixon

SN reported that Juniors will be finishing on 17th July. RP will be setting up a Committee for the Juniors and VM was invited to attend the first one. ACTION RP

SN also reported that there is interest in Seaford having its own running track. One of the barbers is getting a petition started. It was agreed that Striders would support this initiative, but no approach had been made.

Social Secretary – Anneka Redley

AR reported that a Sports Day is being progressed. Kristy is looking at possible dates.

The next Thirsty Thursday will be on 1st August. Location TBC.

A Skittles Night will be arranged using the new Skittles Alley at Seaford Bowling Club

Press Officer

No update available

Social Media Rep

A number of people are updating Facebook, Twitter and Instagram. More helpers welcomed.

C25K / 5K-10K/ Track Night – Hilary Humphreys

HH reported that there are around 40 new members as a result of another successful C25K. Many of these have joined the new 5K-10K and are progressing well. Many thanks to all the Striders who have helped and are continuing to help.

After discussion it was agreed that Striders would put on its own 10K for the 5K-10K graduates. The course would be determined by NF and AR as a single loop starting from the sailing club using the seafront and the footpath that runs parallel with the A259 towards Tidemills. Marshals and timekeepers will be required. The date chosen is Sunday 1st September.

Cross Country

No update received, but noted it is out of season.

Sussex Grand Prix Rep – Matt Franks

MF reported that numbers of participants were increasing. He also raised the issue of number swapping as mentioned above.

Club Grand Prix Rep – Chris le Beau

CLB had provided a report in his absence. Anneka Redley and Jeff Young top the tables at present. It was agreed that if number swapping was detected neither entrant would receive points. Where a CGP event is a parkrun CLB is running a check against current members to ensure no expired members get points and to include any current members who haven't yet added Striders as their Club.

TH asked whether the Martello Half Marathon 2020 could be made a Club Grand Prix event.
ACTION CLB

Regarding the 5k Challenge, the first event was on 29th June and there were 60 Striders (compared with a typical 20-30) including 19 recent C25K graduates. Following discussion it was agreed that it was not necessary to have a separate mini-league for recent C25K graduates.

Website/MemberMojo Co-ordinator – Tony Humphreys

TH reported that the website is operating on an expired version of Wordpress which will become more expensive to maintain. TH is working on updating the content so the most up-to-date version can be used. ACTION TH

TH asked whether the membership category names can be changed to make them more self-explanatory as there had been some confusion over the meaning of Senior Members – these will be changed to Adults. ACTION TH

TH asked VM to email all expired members as he felt sure some regular Striders had forgotten to renew their membership. ACTION VM

6. Any Other Business

There was none.

7. Date of Next Meeting – **Tuesday 1st October 2019 commencing at 7.30pm**

RP to book the White Lion Breakfast Room