



Seaford Striders Running Club
Annual General Meeting

WEDNESDAY, 19th FEBRUARY 2020

Minutes of the Annual General Meeting of the Seaford Striders Running Club held on Wednesday 19th February 2020 at 8pm in the Olympic Bar at the Downs Leisure Centre.

1. Welcome & Members Present

RP welcomed everyone present.

Members present - Rob Plant, Victoria Maleski, Chris le Beau, Graham Jones, Chloé Wilmot, Chris Wilmot, Ray Smith, Emily Farley, Andy Farley, Nick Farley, Richard Honeyman, Louisa Scola, Julie Taylor, Andy Gorrie, Gareth Hutchinson, Kevin Ives, Lauren Morgan, Tom Roper, Trevor Jones, Anneka Redley-Cook, Josh Nisbett, Becky Souissi, Deb Plant, Jeff Young, Tony Humphreys, .

2. Apologies for absence

Sue Garner, Gavin Wright, Toni Wright, Steph Woodward, Sandra Standen, Sharon Plank, Graham Little, Maria Holmes, Hilary Humphreys, Jacob Miles, Alice Lennie, Tracey Pragnell, Wendy Reed, Jackie Baxter, Kristy Sherry, Damian Partridge, Katherine Simmons, Fawzia Whittuck, Rob Sargeant, Holly Miller, Rob Tearle, Emilie Tearle, Lindsay Tearle, Simon Nixon.

3. Vote to adopt 2019 AGM minutes

The 2019 AGM minutes had been circulated previously. There were no amendments requested. The vote to adopt the minutes was proposed by Deb Plant and seconded by Richard Honeyman.

4. Matters Arising

There were no matters arising from the 2019 AGM minutes.

5. Chairman's Report

RP commented that he was proud of each and every member. There were currently 335 members (including just over 100 juniors) a further increase on this time last year (298). RP gave his thanks to everyone who had helped in the running of the club and/or at events. RP suggested we should consider club Away Days and invited suggestions. It was suggested the club should have a vision to continue to expand. Hopefully there could be an attendance of over 100 members at a future parkrun. The club will go from strength to strength.

6. Treasurer's Report

CLB circulated the Treasurer's Report. This showed a balance of £10,501.50 at the beginning of the year and £12, 217.63 at the end of the year. The main additional income came from the Mince Pie event, but we had additional expenses such as England Athletics courses and a gazebo, with more training to come. There was also a significant sum for the juniors pitch hire. The kit vouchers system was much improved. It was suggested that the club should look at ways of reducing our balance whilst noting it was wise for the club to have a level of security in case Mince Pie had to be cancelled at short notice. The club is registered as a Community Amateur Sports Club and must be managed in accordance with the appropriate guidelines. Regarding Mince Pie, the entry fees had been increased but there was still strong demand. The trainer on track nights had proven popular and will be continued. We will be having mental health first aiders with Chris Wilmot, Lauren Morgan and Deb Plant to go on training for this.

7. Election of Chairman and Committee

The following posts were nominated, their election was agreed by all present as proposed by Richard Honeyman and seconded by Deb Plant:

Honorary Club Captain	-	Martin Bulger
Chairman	-	Rob Plant
Vice-Chairman	-	Victoria Maleski
Treasurer	-	Lorraine Quigley
Secretary	-	Graham Little
Men's' Captain/Vice	-	Nick Farley / Josh Rudd jointly with Jeff Young
Women's' Captain/Vice	-	Becky Souissi / Anneka Redley-Cook
Mince Pie Director/Deputy	-	Nick Farley / Graham Jones
Junior Coach/Leader	-	Simon Nixon
Social Secretary	-	Lauren Morgan / Steph Woodward
Newsletter Editor	-	<i>tbc</i>
Press Officer	-	<i>tbc</i>
Membership Secretary	-	<i>tbc (Victoria in interim)</i>
Website Organiser	-	Chloé Wilmot
Social Media Rep	-	<i>Shared role</i>
Cross Country Rep	-	Josh Nisbett
Grand Prix Rep	-	Louisa Scola
Club Grand Prix Rep	-	Anneka Redley-Cook
Club Welfare Officer	-	Rob Plant
Junior Welfare Officer	-	<i>tbc</i>

Many thanks to all previous Committee members who had stood down.

8. Mince Pie Report

NF reported that the number of entries would be increased and changes would be made to the start and finish. Also it would become a much more festive event.

9. Juniors Report

No report received

10. Sussex Grand Prix

No report received

11. Club Grand Prix

CLB reported that Anneka Redley-Cook won the ladies competition . The men's competition wasn't decided until the final day when Nick Farley won. This year's schedule has been adjusted following the comments received. There will be 21 races including 7 age grade scored parkruns, with the best 8 results counting. The first race will be Peacehaven parkrun.

12. Website

TH reported it was hoped to get an updated website and discussions were ongoing with a potential provider.

13. Awards Evening

RP asked whether anyone had suggestions on how this event could be improved.

14. Any Other Business

Suggestions for Emily's experts included yoga and strength/fitness training.

The possibility of having pacers for track nights was raised.

It was suggested that there should be specific targets for the different Wednesday Night Striders groups.

15. Date of Next AGM – **Wednesday 17th February 2021**