



# SEAFORD STRIDERS

## RUNNING CLUB

### COMMITTEE MEETING MINUTES 11<sup>th</sup> March 2025

**Present:** Victoria Maleski (VM), Kay Crush (KC), Ralph Jennings (RJ), Gareth Hutchinson (GH), Jo Robinson (JR), Ray Smith (RS), Julie Taylor (JT), Adam Haverly (AH), Katherine Simmons (KS), Josh Nisbett(JN), Jeff Young (JY), James Marron (JM), Kathryn Warren (KW), Jeanette Wells (JW), Kate Parkinson (KP), Ron Van Heuvelen (RVH).

#### **Present via Teams:**

Leanne Pearce (LP), Katherine Chamberlain (KCH).

#### **1. Welcome**

VM welcomed the committee and extended a welcome to Kathryn Warren who will be taking on the role of Ladies Vice Captain.

#### **2. Apologies for absence**

Amanda Feast, Anneka Redley-Cook, Karen Feast, Lauren Stallard, Emily Danvers, Charlotte Lade, Nick Farley.

#### **3. Vote to adopt minutes of last meeting- 7<sup>th</sup> January 2025.**

The adoption of the minutes was proposed by RJ and seconded by AH.

#### **4. Report Opportunities**

##### **Chair's Report**

###### Charities

We have received nice thank you notes from both our charities.

###### No photo procedure

Following the request from an adult member for them not to be included in club social media photographs a procedure note has been produced and agreed by Kay, Lauren, Kat S, Jo and myself. It was then forwarded to the individual for comment. It will now be included in the club documents section on the website.

###### Beachy Head Group

It is noted that the main leaders for Beachy Head Group had chosen to step down from their roles and were sadly unlikely to renew their Striders membership. This is very much regretted but is their individual personal decision following on from the grievances that were considered by our Welfare team. An email received from one of them by KC was shared with the committee and the contents noted.

This leaves this group without a LiRF leader for the time being. The risk is noted and EA are sympathetic to our position in the interim but as we will hear later there are potential future leaders being proposed.

The long-standing members of this group are keen for it to continue. It is suggested that we make a new start and the group takes on a new name – Friston Forest Group and a new WhatsApp group will be created.

GH asked when the new name would be shared? KCH will share this with the group at the next Wednesday Night Striders.

### Sustainable Seaford Fair

We have been asked if we would like to take part in this event which takes place on 21<sup>st</sup> June. I'm not available that day – do we want to take part and if so who would like to take the lead on this.

### Club 40<sup>th</sup> anniversary

On 15<sup>th</sup> October 2026 Striders will celebrate the 40th anniversary of the first meeting to create the club. Whilst this is still some way off we should start thinking about how we should mark this special occasion.

### **Treasurer**

We had £16k in our bank at end of 2024. However, we had £10k of costs that related to 2024 (for MP charity donations, photography and venue hire) which were paid in 2025.

So, our book balance at end of 2024 was actually £6k (this is our buffer to carry forward).

In 2025 we have had £7k of membership renewal receipts, and -£1k of normal operating costs paid (for track hire/IT/bank fees/etc...). So our bank balance as of March 10<sup>th</sup> is £12k.

Estimated remaining operating costs to pay through out the rest of 2025 (excluding any MP10 related).

£2k of EA affiliation fees to pay for the recent membership renewals. £2k for track hire (Mar-Dec). £1.5k for LiRF training. £2k for all other operating costs (IT/Bank charges/Room Hire/Tshirt vouchers/sundries).

This will give us a buffer of £4.5k before the MP10 event. However, I expect another £1.5k to £2k of new memberships to come throughout the year, as in line with last year. So our buffer will be closer to £6-£6.5k by the time MP10 event comes around.

### **Club Welfare**

KP confirmed that there were no new issues that are being dealt with.

### **Club Secretary/Health and Safety**

Nothing to report

### **Men's Captain**

JY advised that he and AF were looking into a new relay event that the whole club can be involved in. He suggested that this take place on a Monday evening when track is not on so as not to disturb the normal Wednesday Night runs. This can involve all members including juniors and will either take place on the Seafront or the nature reserve. The suggestion for each team will be 3 adults and 2 juniors per team and the suggested date is the 19<sup>th</sup> May. The committee were keen to support this event.

GH asked if there was interest for Striders to be involved in the Master Athletics meetings which is a series of events held for local clubs. The committee agreed this would be a good idea. GH will investigate how the club can be involved.

### **Women's Captain**

KW advised the committee that some groups are becoming increasingly large some 20+ and that especially in the dark this can be difficult for the leader to manage. She asked if there would be a possibility of splitting the groups in this situation. There was discussion amongst the group, and it was decided that it would be discussed at the upcoming leaders meeting.

### **Mince Pie Race Director**

Nothing to report.

### **Junior Leader**

JT reported that the Junior sessions will commence on the 22<sup>nd</sup> April at the Salts. This is slightly later than initially discussed due to how the Easter break falls. It was noticed on a flyer that a license could be needed for activities held on open spaces. ED has contacted the council for clarification.

## **Social Reps**

The Social Reps advised that the next Thirsty Thursday will be 27<sup>th</sup> March at the Cinque Ports Pub.

On the 16<sup>th</sup> April there will be an Easter Egg Hunt, similar to the Scavenger Hunt but using members gardens finishing at VM's house for a Thirsty Wednesday. RS asked for funds to purchase Easter eggs. This was approved.

AH advised that he had purchased the megaphone. This will be kept in the lock up if anyone wishes to use it.

AH also advised that he had received feedback that the awards evening was too expensive for some members to attend and asked if some of the Mince Pie receipts could be held back so that the ticket price could be reduced. This will be discussed during the planning stage for next year's event.

## **Membership**

LP advised that 209 adults and 64 juniors had renewed. There are still 78 adults and 43 juniors who have not yet renewed. The juniors are likely to pick up when their new season commences.

LP had received a request from a member who will be 60 during the membership year that they could register for the reduced price for Seniors. The Committee agreed that members need to be 60 by the first day of the membership year.

## **Coach/Track Coordinator**

Nothing to report.

## **LiRF's**

JW advised that 7 members had expressed an interest in training as a LiRF, all were happy to help in various roles such as track and juniors. The committee agreed it was a good idea for all of them to be trained.

## **Social Media**

Nothing to report.

## **Cross Country**

JN advised that Striders came 2nd in the last event at Whitbread Hollow. This was helped by this being a Club Grand Prix event. The club are currently sitting in 3<sup>rd</sup> place overall which hopefully will be retained. The final event for the season is 16<sup>th</sup> March at Pett.

The secretary of the league is stepping down so this could mean some changes in the future.

For the Saturday league there will be meeting for a debrief of the last season. JN will attend this.

JN asked if there could be an award for Cross Country for one male and one female. The awards night is midway through the cross-country season so this could be awarded at another point in the year.

## **Club Grand Prix & Sussex Grand Prix**

JM advised that the Sussex Awards evening was enjoyable with three striders winning awards. This is the best result for some time.

## **C25K Organiser**

CL was unable to attend the meeting but advised that all is going well with lots of volunteers signed up. Requests from participants have started to come through. PR issued and website has been updated. CL will work with LS on some social media content. CL is also creating a playbook of the role as she works through so that it makes it easier for the future.

## **Special Events Support**

JT advised that there had been a recce on the Seaford Martello half marathon route where a couple of hazards had been noted. The event is being held on 13<sup>th</sup> April. The medals have been ordered and the trophies received. NF has gifted a free entry to the Mince Pie race for the first lady and first man.

JT also asked if there could be a logo on the Committee WhatsApp group. JN has added one.

## **Website**

KS advised that most committee members profile photos and information has been updated.

She also advised that the new website is sitting over the old website so this can cause some anomalies. KS requested that if anyone notices anything to let her know.

## **Newsletter**

RS and JR advised the newsletter is going well. RS advised that there would be a few record updates this month. He also asked if a track night

“athletics meet” could be held so that members can attempt records. This was agreed. VM thanked RS and JR for their work on the newsletter.

## **5. Any Other Business**

KS asked if Seaford Striders could take part in a park run takeover. VM agreed and asked KS to provide some suitable dates.

## **6. Date of Next Meeting**

Committee Meeting Tuesday 13<sup>th</sup> May at 8.00pm.

**The meeting concluded at 9.06pm**

**Produced by the Club Secretary on behalf of the Club Chair**

**Victoria Maleski**

**Club Chair**

**Date Approved by the Club Committee 13<sup>th</sup> May 2025**