



SEAFORD STRIDERS

RUNNING CLUB

COMMITTEE MEETING MINUTES 12th May 2026

Present: Victoria Maleski (VM), Kay Crush (KC), Ralph Jennings (RJ), Ray Smith (RS), Gareth Hutchinson (GH), James Marron (JM), Jo Robinson (JR), Julie Fannon (JF), Kate Lewis (KL), Adam Haverly (AH), Jo Robinson (JR), Lauren Stallard (LS), Josh Nisbett (JN), Jeanette Wells (JW), Kate Parkinson (KP), Julie Taylor (JT).

Present via Teams: It was not possible to connect with the members wanting to use teams because of the last-minute venue change.

1. Welcome

VM welcomed the committee.

2. Apologies for absence

Karen Feast (KF), Emily Danvers (ED), Nick Farley (NF), Katherine Simmons, Kathryn Warren.

3. Vote to adopt minutes of last meeting- 17th March 2026.

The adoption of the minutes was proposed by JT and seconded by JR.

4. Report Opportunities

Chair

New club shirts

Now that they are generally available, we need to agree a date to switch over to the new design for SGP & ESCLL. I've discussed this with James and he has suggested Heathfield 10k on 14th June. It would be great to have as many people as possible wearing the new shirt at the Summer Solstice as this will make a brilliant photo opportunity.

At the last meeting I reported on the issue of larger sizes and I'm pleased to let you know that the unisex sizing now goes up to 3XL.

Seaford Martello HM

Another highly successful event which made a profit of just under £2,500 – this means a further contribution of £850 each to our two charities – St Wilfrid's and Rockinghorse with the balance going towards Seaford Martello Rotary's grant giving.

There was incredibly positive feedback from the runners with some saying the course and our fabulous marshals make it their favourite event.

The Race Director, Tony Humphreys, had said he want to step down and I'm pleased to let you know that a strider will be taking up this role for the next event – Ron van Heuvelen and KS will come into the organising group as well. The date proposed for the event next year is 18th April 2027.

Website

Joel Eaton has offered to design a new club website and this will be worked up shortly. The aim is to simplify it and make it much easier to keep it updated.

New Club lockup

The new club lock up is now in use, thank you to JT for coordinating this.

GH felt that the coloured band needs to be higher on the new shirts. It was suggested that when everyone is together and wearing numbers at the summer solstice this will be looked at.

40th Anniversary Celebrations

The success of the 40 for 40 Brighton Marathon campaign has been widely reported elsewhere but I wanted to record our thanks to KC & JW – you must both be so proud!

As a result of Brighton Marathon, we got coverage for Striders on BBC Radio Sussex and online at BBC Sussex and we were featured in the post event write up issued by the marathon organisers. We were all delighted to see the mid-race interview with superstar Sandra which went viral (99.1k views). JW and I continued the publicity at Seahaven Radio the week after.

Plans for the celebration on 17th October are being progressed.

Treasurer

RJ provided the following report:

We have £11.7K in our bank as of yesterday, 11-May-2026.

This is made up of £7.6k from our prior year reserve (buffer), plus £7.5k membership income in 2026 (378 renewals/new members), less £3.5k operating costs (including £670 for awards night, £844 for track hire, £368 for IT costs, £187 for bank fees, £352 for kit vouchers, and £1k for all other operating costs). So, this currently puts our 2026 profit (which is income in excess of expenditures) at £4k. I have also prepared an estimated forecast for the remaining costs throughout the year and expect there will be around another £6k of expenditures remaining. This means a total loss in 2026 of approx. £2k (mostly due to the additional kit voucher cost). This is fine, given the reserve we have from prior years. This would leave us with a bank balance of approx. £6k at the end of this year, which we would roll forward as a buffer to the next year (or elect to give additional amounts to charities if we feel the reserve can be reduced). I have not had a chance to obtain an estimate/quote for content insurance for the lock-up – will aim to get this done by next committee meeting.

Club Welfare

Nothing to report.

Club Secretary/Health and Safety

KC asked the committee whether they were happy for the meeting time to remain at 7.00pm during the summer period. The committee agreed to this.

Men's Captain

GH shared details of a run in Dieppe on the 19th September suggesting that the morning ferry is taken from Newhaven. The race is early evening so the late ferry can be taken back on the same day or return the next day.

Women's Captain

AF asked if the club would like for the club relay to take place this year at the nature reserve. The committee agreed this was a great event previously and would like for it to be repeated. It was discussed whether there was a way for slower runners to be put more at ease.

Mince Pie Race Director

NF was unable to attend the meeting but sent the following:

There is a new partnership with Sports Systems Ltd. Liam used to work for Nice Work and has been in contact in previous years and I'm happy to say we will work with him this year.

I will be putting a meeting together soon with the core team as we will need to order medals soon. Initially I only had 2 nominations for this year's charities but with the subsequent reminder of cut off I have

received a few more. For the next committee meeting we can randomly draw the two charities for the mince pie and forthcoming year.

Everything else is in hand.

Junior Leader

ED was unable to attend the meeting but sent the following report: - Juniors is going well and we have had a brilliant start back after Easter with a record 100 members! The track night has been a good addition and very much appreciated by Juniors who attended. We have a fantastic and committed group of coaches, but we could always do with extra helpers.

Social Reps

The Easter Egg hunt was a success. The awards night has been booked for 16th January 2027.

There are several other events planned including Summer Solstice, Thirsty Thursday, 13 halves for half, Scavenger Hunt, Summer Quiz and the Snowball run.

Membership

LP has emailed the expired members giving them until the end of the month to renew otherwise they will be deleted from membermojo.

At this stage RJ will also remove non-members from WhatsApp.

Coach/Track Coordinator

RJ mentioned that the addition of Juniors was positive. Track programme is going well.

LiRF's

KCH will get the folder from JW and meet with VM to agree how this is to be progressed. A decision will then be made on training new LiRF's.

Social Media

LS reported that engagement has increased significantly for both Instagram and Facebook. The committee felt that the content has been really good.

Cross Country

JN reported he had attended a meeting the previous evening. Initially the date for Striders hosting an event was for December but as this is only a week after Mince Pie it was agreed it would be better to host in February. For this year some of the groups have been split and Striders will now join with Peacehaven.

There will be a change to the junior age groups and clubs were asked to consider whether juniors would still like medals and race or just a run. The committee felt that the juniors liked to receive a medal. JN will feed this back.

Club Grand Prix & Sussex Grand Prix

JM reported the Club Grand Prix and Sussex Grand Prix are going well. The next CGP event will be Seaford Beach parkrun on 16th May.

C25K Organiser

JW informed the committee that C25K is going well with numbers being maintained really well.

There was a discussion on the best way to convert the runners into Striders and it was decided that JW could lead a C25K graduate group alongside High and Over for at least a week once C25K has finished.

The graduation parkrun should have been on the 20th June but as there is no parkrun that day it was decided to postpone the graduation until the following week the 27th June.

Special Events Support

Nothing to report.

Website

Nothing to report.

Press Officer

JF to meet with KS for a handover of contacts.

Newsletter

Nothing to report.

5. Any Other Business

JT asked that the LiRF for each group is named on the weekly email even if another runner is leading. The committee agreed to this.

GH asked that the Strava Seaford Striders Group become members only. The committee agreed, GH will take charge of this.

6. Date of Next Meeting

Committee Meeting 7th July 2026 at 7.00pm

The meeting concluded at 9.15pm

Produced by the Club Secretary on behalf of the Club Chair

Victoria Maleski

Club Chair

Date Approved by the Club Committee 7th July2026