



SEAFORD STRIDERS

RUNNING CLUB

COMMITTEE MEETING MINUTES 7th July 2026

Present: Victoria Maleski (VM), Kay Crush (KC), Ralph Jennings (RJ), Ray Smith (RS), Gareth Hutchinson (GH), James Marron (JM), Kate Lewis (KL), Adam Haverly (AH), Jeanette Wells (JW), Kate Parkinson (KP), Julie Taylor (JT), Nick Farley (NF), Katherine Simmons (KS).

Present via Teams: Leanne Pearce (LP), Karen Feast (KF)< Amanda Feast (AF), Emily Danvers (ED), Julie Fannon (JF)

1. Welcome

VM welcomed the committee.

2. Apologies for absence

Lauren Stallard (LS), Jo Robinson (JR), Kat Warren (KW), Josh Nisbett (JN), Kat Chamberlain (KCH), Anneka Redley-Cook (ARC)

3. Vote to adopt minutes of last meeting- 12th May 2026.

The adoption of the minutes was proposed by JW and seconded by RJ.

4. Report Opportunities

Chair

Club shirts-VM has had a couple of people querying the quality of the shirt material -scuffing where it has been rubbed by camelbak and similar. A couple of committee members agreed that there does seem to be a bit of an issue with quality. VM will speak to Nick at Intersport.

Longbridge backyard route- Darren Evans has offered to do a guided run of the Backyard Ultra route on a Wednesday Striders session so that they have a chance to appreciate the course. Limit of 40 people who can do a very hilly 7km/4.167 miles in under an hour.

C25K VM wanted to record her thanks to everyone involved in supporting the C25K participants through the programme to their graduation. Over 20 which is fabulous and lots of them have joined taking our membership to 403 members.

40th Anniversary Celebrations

VM had shared the following idea prior to the meeting :

Suggestions for 17/10/26 - 40th Anniversary Celebration

Timing

11am – 2pm (after parkrun but well before Seaford Bonfire Evening)

Venue

Seaford Head School

Run

Fixed route of 0.8 miles for juniors, 1.6 miles for seniors – run the relevant loop as many times as you want to within a 2 hour time slot. Each participant to receive a memento – wooden item to reflect Martin Bulger's involvement.

Guests

MP, Seaford Mayor, first Striders

Catering

Tea, coffee, squash, anniversary cake (or cupcakes)

Pricing

Juniors free, seniors £5 to include 5 raffle tickets (prizes from community & donated by Striders)

Volunteers

Marshals, catering (or outsource), lap recorders, community contacts for raffle prizes, signage, number allocators, photographer/s, set up/clear up

The committee felt that a route including some of our local area would be nice and it was suggested that a small working committee be put together to take some ideas forward. *Post meeting note – first meeting taking place on 28th July – please let VM know if you would like to attend.*

Treasurer

We have £11.3K in our bank as of yesterday, 06-July-2026.

This is made up of £7.6k from our prior year reserve (buffer), plus £8k membership income in 2026 (total of 403 renewals/new members – which is 48 higher than this time last year), plus approx. £500 profit-share from hosting the Jan XC event, less total of £4.2k normal operating costs. So, this currently puts our 2026 profit (which is income in excess of expenditures) at £3.7k as of today YTD. I have also prepared an estimated forecast for the remaining costs throughout the year and expect there will be around another £4.7k of expenditures remaining. The £500 profit-share from the XC event can be used to fund the costs of the 40th anniversary celebration run in October.

This means a total loss in 2026 of approx. £1.5k (mostly due to the additional kit voucher cost for existing members). This expected loss is fine, given the reserve we have from prior years. This would leave us with a bank balance of approx £6k at the end of this year, which we would roll forward as a buffer to the next year. I will continue to monitor the reserve

and decide if we can elect to give additional amounts to charities if we feel the reserve can be reduced.

Club Welfare

Nothing to report.

Club Secretary/Health and Safety

Nothing to report.

Men's Captain

GH asked why a recent poll for the 5.30 run was shared on the announcements section of WhatsApp. KC responded that as some members were not on the main chat it was the easiest way to communicate with members.

Women's Captain

AF advised that the Tempo relay is taking place next week JY will be there to coordinate.

The Bates Green relay is also coming up, and AF wants to encourage members from across the club to take part.

Mince Pie Race Director

NF reported that a selection of bins had been purchased so that rubbish can be separated allowing the event to be greener.

JT has been looking into different trophies.

The relationship with Sports Systems is going well and they will be providing an arch for the event.

The nominated local charities were drawn from the hat.

The charities drawn were RNLI Newhaven branch & Mercread Youth Centre.

Junior Leader

ED reported that juniors is going well but will soon stop for the summer break. On the final session on 21st July it will be the junior sports day, ED requested that the club funded for the ice cream van to visit and provide each junior with an ice cream. The committee agreed to this cost (final figure to depend on number of attendees on the day).

Social Reps

The postponed Solstice run will take place on 8th July.
There are plans for 13 halves for half, an evening at Abyss, Thirsty Thursday. It is also hoped to have a sports day for adults and juniors, but a venue needs to be found.

Membership

LP has done a tidy up on the system of expired members.

Coach/Track Coordinator

ARC was unable to attend the meeting but reported that there had been a successful night of the PB's. There was not enough time for the 3k so there will be a dedicated night for 3K and 5K. There is a schedule until the end of September that needs uploading to the website.

LiRF's

KCH will meet with VM once the Solstice is over to discuss potential new LiRFs.

Social Media

LS was unable to attend the meeting but reported there are now nearly 900 followers on Instagram, 1.3k on Facebook. Both seem to be growing steadily along with interaction on content.

LS wants to push more for the 40th anniversary when there is more information and build a campaign around it.

She plans to push the mince pie over the coming weeks and keep on top of all the other events.

Cross Country

JN was unable to attend but reported the only update for cross country is that the club received the 25/26 season profit share from the league of £551.50, so after the initial expenses incurred for equipment, there is a profit of £460.

Club Grand Prix & Sussex Grand Prix

JM reported the Club Grand Prix and Sussex Grand Prix are going well. For the CGP 12 events have taken place. Heathfield and Peacehaven were well attended. There have been 7 SGP events and Striders are currently 7th position.

C25K Organiser

JW reported that it was a really successful year with over 22 graduating and a number of graduates having joined the club.

Special Events Support

Nothing to report.

Website

KS asked about the new website and VM advised Joel Eaton has offered to build one. KS suggested a working group should be involved in the creation of the new site

Press Officer

JF advised that she had sent a report about C25K to Seaford Scene that will appear in the August edition. NF will send an invite to JF to the MincePie WhatsApp group.

Newsletter

RS reported that he and JR enjoyed creating the last edition and asked if any committee members would be prepared to be interviewed.

5. Any Other Business

6. Date of Next Meeting

Committee Meeting 8th September 2026 at 7.00pm

The meeting concluded at 8.20 pm

Produced by the Club Secretary on behalf of the Club Chair

Victoria Maleski

Club Chair

Date Approved by the Club Committee 8th September 2026