



Seaford Striders Running Club  
Committee Meeting

**TUESDAY, 26<sup>th</sup> February 2019**

Present: Rob Plant (RP), Victoria Maleski (VM), Hilary Humphreys (HH), Tony Humphreys (TH), Chris le Beau (CLB), Becky Souissi (BS), Nick Farley (NF)

1. Welcome  
RP welcomed everyone present.
2. Apologies for absence  
Kristy Sherry (KS), Emily Eaton (EE), Aneka Redley (AR), Terry Ward (TW)
3. Vote to adopt the minutes of the last meeting 15<sup>th</sup> January 2019  
These minutes had been circulated previously. The proposal to formally accept them as amended was made by HH seconded by NF and agreed by all.
4. Matters Arising  
There were none.
5. Report Opportunities

**Chairman – Rob Plant**

RP said he would like to encourage Strider away days, including park run away days (noting that Seaford Beach parkrun needs to become established from the volunteer point of view first). It would help with logistics if transport could be provided, especially if the Club is able to subsidise this. It was suggested that members should be asked if they wanted transport for London Landmarks on 24<sup>th</sup> March, possibly at a cost of around £10 per person. RP would investigate coach costs and VM would email members to find out who is interested.

**Treasurer – Chris le Beau**

CLB said there was not much to report as everyone had been updated at the recent AGM. It was noted that 149 members had renewed so far.

**Secretary – Victoria Maleski**

VM enquired whether there would be support for bringing in a 5K-10K training programme, probably to take place on Wednesday Club nights. This was thought to be a good idea so VM is to investigate which programmes are available for the Club to use.

**Men's Captain/Vice-Captain**

NF had nothing to report.

**Women's Captain – Becky Souissi**

BS had nothing to report.

**Mince Pie Race**

HH reported the event would take place on 8<sup>th</sup> December 2019

**Junior Leader – Simon Nixon**

No report provided

**Social Secretary – Anneka Redley**

Future Thirsty Thursdays will be arranged. RP will be circulating a Thirsty Thursday date around his 50<sup>th</sup> birthday.

**Press Officer**

HH reported that KE has kindly offered to carry on providing occasional press releases.

**Social Media Rep**

We need to find more volunteers to update social media on behalf of Striders. Possible people to approach are Lauren and Verity, other suggestions are welcomed. ACTION ALL

**C25K / Track Night – Hilary Humphreys**

HH reported that registrations are coming in for the next C25K which starts on Tuesday 30<sup>th</sup> April 2019 at 7pm at the Salts. The "graduates" parkrun will be on 29<sup>th</sup> June at Seaford Beach parkrun.

**Cross Country**

The last cross country event was taking place at Pett on 10<sup>th</sup> March.

**Sussex Grand Prix Rep – Matt Franks**

No report received. NF reported that Damian didn't get a SGP award. RP will check with MF. ACTION RP

**Club Grand Prix Rep – Chris le Beau**

CLB reported that 5 people took part in Hove Prom parkrun, numbers were down because of parkrun volunteering. CLB suggested the possibility of a separate age-graded league possibly starting after the next C25K intake has graduated.

**Website/MemberMojo Co-ordinator – Tony Humphreys**

TH confirmed that renewals were coming through and he was dealing with membership queries as they came through. EA charge £10 when an affiliated member changes clubs. It was agreed that we would pick up this cost on behalf of the member. ACTION TH

**6. Any Other Business**

There was none.

**7. Date of Next Meeting – Tuesday 23<sup>rd</sup> April 2019 commencing at 7.30pm**

RP to book the White Lion Breakfast Room