

<b>Event</b>	<b>Date</b>	<b>Scoring</b>	<b>Notes</b>
Seaford Beach Parkrun	02/03/2024	Age Grade	5th Birthday event
1 mile time trial at track	18/03/2024	Fastest time	
Hastings Half	24/03/2024	Fastest time	`
Brighton Marathon	07/04/2024	Fastest time	
Martello Half	14/04/2024	Fastest time	Striders are helping to organise
Peacehaven Parkrun	18/05/2024	Age Grade	7th Birthday event
Clair Parkrun	25/05/2024	Age Grade	501 event (I'm hoping one is cancelled to make it the 500th!!)
Tilgate Parkrun	08/06/2024	Age Grade	12th Brithday event
Seaford Naked Run	22/06/2024	Naked run	
Bewl 15	07/07/2024	Fastest time	
Run as close to 30 mins	July	Naked run	Run until you believe you have run for 30 minutes, closest wins!
13 the Hard Way	19/08/2024	Fastest time	
Arundel 10k	25/08/2024	Fastest time	Coach trip
Bcchus Wine 10k/ Half Marathon	08/09/2024	Fastest time	Coach trip
Eastbourne Parkrun	21/09/2024	Age Grade	
Uckfield Parkrun	05/10/2024	Age Grade	
Great South Run	20/10/2024	Age Grade	
Bevendean Down Parkrun	02/11/2024	Age Grade	
Crowborough 10k	24/11/2024	Fastest time	By popular request! Hopefully won't clash with XC
Cross Country November	November	To be confirmed	
East Brighton Parkrun	07/12/2024	Age Grade	
Mince Pie 10	December	Fastest time	